



**SCHOOL HEALTH SERVICE
MEDICATION REQUEST FORM FOR EPINEPHRINE/ANTIHISTAMINE**

Dear parent /guardian,

For Epinephrine/Antihistamine that may need to be administered during the school day, during school-sponsored activities, or while on a school bus or other school property, we must have this form completed by you and by your health care provider. **These medications must be supplied by the parent/guardian in their original container(s) from the pharmacy.**

Student Name _____ Date of Birth _____

Grade _____ Teacher/First Period Teacher _____

Allergic to _____

Epinephrine _____

Dose to be given _____

Frequency/time to be given _____

Antihistamine _____

Dose to be given _____

Frequency/time to be given _____

Student requires supervision: Yes ___ No ___

Student can carry and self-administer Epinephrine Yes ___ No ___ Antihistamine Yes ___ No ___

Keep Medication in Nurses' Office ___ Keep with student in classroom ___ Return Medication Home ___

Date to stop Medication _____

At the end of the school year, please return my child's medicine by (check one):

☐ Sending it home with my child

☐ Holding all medicine in the clinic to be picked up by parents
(all medicine will need to be picked up no later than 5/22/26)

I give my permission for school personnel to administer prescribed medication listed above. I agree to allow this information to be shared with adults responsible for my child's care. I understand that I am responsible for providing the school with the prescribed Medication in the amount needed and in its original container with label intact as needed by my child. I hereby release Liberty Christian Academy School Board and its employees from any claims or liabilities connected with its reliance on this permission and agree to indemnify, defend, and hold them harmless from any claim or liability connected with such reliance.

Signature of Parent/Guardian _____ Date _____

Signature of Prescriber _____ Date _____

Printed Name of Prescriber _____

****PRESCRIBER PLEASE COMPLETE THE FOLLOWING PAGE. THANK YOU. ****



FOOD ALLERGY ACTION PLAN

Student's Name _____ Date of Birth _____

Grade _____ Teacher/First Period Teacher _____

Symptoms	Give Checked Medication	
If a food allergen has been ingested, but <i>no symptoms</i> .	___ Epinephrine	___ Antihistamine
Mouth : Itching, tingling, or swelling of lips, tongue, mouth.	___ Epinephrine	___ Antihistamine
Skin : Hives, itchy rash, swelling of the face or extremities	___ Epinephrine	___ Antihistamine
Gut: Nausea, abdominal cramps, vomiting, diarrhea	___ Epinephrine	___ Antihistamine
Throat**: Tightening of throat, hoarseness, hacking cough	___ Epinephrine	___ Antihistamine
Lung**: Shortness of breath, repetitive coughing, wheezing	___ Epinephrine	___ Antihistamine
Heart**: Weak or thready pulse, low blood pressure, fainting, pale, blueness	___ Epinephrine	___ Antihistamine
Other**	___ Epinephrine	___ Antihistamine
**If reaction is progressing (several of the above areas Affected) give:	___ Epinephrine	___ Antihistamine

** means potentially life-threatening. The severity of symptoms can quickly change.

Signature of Prescriber _____ Date _____

Printed Name of Prescriber _____